**Transcript for video 'How did you personally benefit?'**

<https://youtu.be/kGSHVOnKAkw>

Aveta Elliott, Experienced Senior Teacher.

One of the things that I was privileged enough to do while I was in regional Queensland was that I was given a lot of off-site professional development.

We had lots of professional development officers come around and being young and reasonably new to teaching, every opportunity that arose, we were offered, and generally we took it.