My advice moving to a rural community is not to

be worried about it. You really develop social support straight

away. They're there to help you. You know, people have

gone through it before, they know what you need and

they're also, because it's that smaller community, they want to

help you too. So it's a really good experience and

a really great sense of, I suppose, social and mental

well-being in that regards.

Just jump in and do it.

Like it probably been one of the best things that

I've done so far. I'm really enjoying my time here.

As I said before, everyone's really welcoming and I think

that you get to experience lots of new things that

you wouldn't experience in a in a metro area. I'm

from the Sunshine Coast and a lot of the stuff

that I've been able to do out here I wouldn't

have even thought of doing when I was living on

the coast. It sometimes it's difficult being away from your

family, but you meet lots of new people and I've

made lots of lifelong friends living in this town and

that I'm really grateful for. And you know, I wouldn't

trade this experience for anything.